

NARPO BRANCH 36 NEWSLETTER

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The Branch President announces Retirement

At the Branch AGM, held at Force HQ on 26th March, The Branch President and Chief Constable, Mr. Ian Arundale, spoke to members, he had previously announced his



retirement from the force and will also step down as Branch President. In recognition of his support for the Branch and its activities

he was presented with a pair of NARPO Wine goblets as a memento of his time with the Branch and to wish him and his family well for



the future. Mr. Arundale thanked the Branch for the gift and promised ongoing support.

The meeting later agreed to invite the incoming Chief Officer, Ms. Jacqui Roberts to become the Branch President and in addition, invite Mr Arundale, if he intends to remain in the Branch area to become a NAR-

PO Member and Branch Vice president.

Letters have gone to both Officers making these invitations and congratulating them both on their respective appointments and future choices. At the time of writing replies are awaited.



Ms Jacqui Roberts.



Special points of interest:

- **Family Announcements**
- **Reiki Healing**
- **Coffee Morning dates**
- **Meeting dates**
- **Lottery results**
- **Welfare Fund**
- **New Members**

Websites

The Branch Website has needed much work over the winter, it had to be changed to a new server and apologies for any of you who had problems accessing it. At the time of writing it is nearly back to normal, all the pages are there and the member area, which is the last to be re-established is

nearing completion, all that need to happen is the uploading of all the documents that were there in revised form and the minutes of the AGM.

The member area access has changed, the new details are:
username: 'member'

and the password: 123456. have a look at it, let me know of any errors or inaccuracies. While you are there use the link to take you to the NARPO National website, there is a wealth of up to date information for you regarding pensions, offers and much more

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Chairman's Notes

I am writing these notes sitting next to my three day old grandson in Bury, Lancashire (our third grandchild), looking at the wonder of a new life. I wonder what his life has in store, two generations on from mine. One thing we can be sure of is that he will have to work longer for his pension than those of us reading this newsletter did, and if the current economic situation continues, there will be many hurdles to overcome during his lifetime.

At the recent Branch AGM, Mr Ian Arundale, the outgoing Chief Constable addressed the meeting. He pulled no punches in giving an overview of the current state of the force. The annual budget has been reduced over recent years, and is now on a par to what it was some twenty years ago! With those figures in place, it does not take a financial genius to work out that some services have to be cut, and a lot of difficult decisions and juggling of resources have had to be taken by the senior management team of the force.

The Treasury are trying to claw as much money into their coffers as possible to fill the black financial hole. It seems that in the not too distant future, commutation payments will not be safe from the hands of the taxman – certainly at the higher end of the wage bracket. This has been the subject of much speculation over a number of years, but it now seems as though it may be finally becoming a reality.

I have highlighted above to point out that whilst we, as members of NARPO have many genuine grievances over age related allowances, those officers serving and those yet to join have a very difficult ride.

As you will have read elsewhere in the newsletter, we had a very successful AGM at the end of March. We have now held our October meetings in all of the old Divisions of the force area and it was decided to hold this October's meeting in the North Powys area. The exact date and venue have yet to be fixed, but details will be circulated nearer the time.

Whilst the database our secretary holds of e mail addresses continues to grow, we are still looking to build it even further. This method of communication is an invaluable tool in circulating information speedily – particularly in the instances of late notification of bereavements and funeral details. If you are on e mail, and would like to be included on Clive's circulation list, then just send him a quick e mail to the address shown elsewhere on this newsletter and the data base will be updated immediately.

Finally, and I make no apologies for repeating the message, the NARPO website – www.narpo.org.uk - contains a lot of useful information, and links to a variety of associated sites, and is well worth viewing. We have experienced a few technical problems recently with the Dyfed Powys website, which Clive has been endeavouring to rectify and it should soon (if not already) hopefully be up and running as normal.

Phil Hopkins - Branch Chairman





Dyfed-Powys Police
Athletic Fund Lottery, March 2012



£6,000	Mr K A Wilkins, HQ	£200	Ms M J Bloom,
£2,000	PC I H Rees 742,	£200	PC R J Lang 345,
£1,000	Mr J E W Bennett (Ret)	£200	Ms E A Rees, HQ
£1,000	PC R O Seymour 428,	£200	Ms J Williams,
£1,000	Mr J A Thomas (Ret)	£100	PC S Thomas 918,
£500	Mr I D Evans (Ret)	£100	Mr E Dudley (Ret)
£500	Mr E J Davies (Ret)	£100	Mr G B Peck (Ret)
£500	PC S R Jones 32, HQ	£100	Mr B Jones (Ret)
£400	PC R L Gallier 104, Powys	£100	PS J Rees 582,
£400	PC D S Chodecka 819, HQ	£100	PC K Mages 1052, HQ
£400	Miss R A Amphlett, HQ	£100	Mr H Morgans (Ret)
£400	Mr J N Ross (Ret)	£100	Mr M Railton
£400	PC M Hapgood 118, Powys	£100	Mr B H Stubbs (Ret)
£300	Mr V Jones (Ret)	£100	Mr O K Moses (Ret)
£300	Mr B E Bell (Ret)		
£300	Mr R A W Lewis (Ret)	Total £18,000	

Coffee Mornings, Meetings and Re-unions

The Annual General meeting was held on the 26th March, at Police HQ, followed by a Social evening. We were honoured to have a number of guests, Our President, Mr. Ian Arundale, Ms. Margaret Morgan, NEC Member for South Wales, Mr. Phil Taylor and Mr. Jeff Davies, Secretary and Webmaster with the Swansea Branch.

The minutes of the meeting are on the Website, if anyone needs a paper copy, let me know and I will send them on to you.

The meeting listened with great interest when the Chief Constable outlined his view of the future of the Police Service in Dyfed and Powys. The budget cuts we are going through at present and how they will be further implemented, also the impending election in November of Police and Crime Commissioners to replace the Police Authority. We look forward to seeing the names of the Candidates and hearing their promises for the future.

The October Meeting will be held on 1st October 2012 (or in that week dependent on the availability of the venue) in Northern Powys, probably Newtown, further details to follow. Advanced date for your diary, the AGM, 2013 will be held on 8th April, details of both will follow in later newsletters. Other events in Ammanford and Llanelli, will be notified as soon as I get them.



COFFEE MORNINGS, **Carmarthen, 2012,** **(09:45 to 11:45 each day):**

1st May

12th June

3rd July

7th August

4th September

2nd October

6th November

4th December

WELCOME



It is not often in this newsletter that I get the chance to welcome a new arrival to the family of a member, Mr. Dale Fry, an Associate member of the Branch and owner of O&F in Carmarthen, became the proud father of a baby girl on 12th April, Tilly May and her mother Katie are doing well and congratulations to the proud parents and the family, we all wish them well for the future.

Congratulations also to our Chair, Mr. Phil Hopkins on the birth of his latest grandchild, 13th April 2012, Elliot joins his brother Lewis, Mum and baby are doing well and the proud grandparents (Phil and Gill, pictured right) are waiting in the wings to spoil them both, and their cousin Catrin, after all, that is their job!

(Just a note to the readers, Phil has no idea I am putting this item in, I await his comments).



This is a new area for the newsletter, if you want to let me know about family changes, and want other members to know, please let me know and I will publish in the next issue

Welcome to new members

Ms Cerys Pickard	Ammanford
Mr Wayne Morgan	Carmarthen
Mr Derek Edwards	Carmarthen
Mr John Morgan	Llandeilo
Mr Gwyndaf Lloyd & Mr Kevin Pullham	Aberystwyth
Mr Andy Thomas	Llanelli
Mr Rory Colin Smith	Pembroke Dock
Mr Richard Evans	Ammanford
Mr Philip Gower	Aberystwyth
Mr John Bonnewell (Additional)	Tenby (Home Branch – Met)
Mr Dewi Lewis & Ms Catrin Cray	Carmarthen
Mr Aneurin M. Jones	Full Member Ex Gwent
Ms Sharon Lewis	Carmarthen
Mr Alan Jones	Carmarthen
Mr Mike Calas	Whitland
Mr David Moore	Llanon Full Member Ex Met
Mrs Angela Moore	Llanon Full member Ex Met
Mr Charles Gabe	Ammanford

At the Dyfed-Powys Police, and PMAS pre-retirement course held at Police HQ on the 25th and 26th January, a NARPO presentation was made and all attending were offered Associate Membership of the Branch, the following are welcomed to the Branch as Associate members and Serving Officers: Mr Ray Squires, Mr Chris Richards, Mr Kevin Gardner, Mr Stephen Richards, Mr Wayne Matthews, Mr Geraint Jones, Mr Iwan Davies, Mr Eddie Donnelly, they will become full members on retirement. Mrs Carol Evans, Mr Tom Peters and Mr Dewi Lewis attended and were already members.

Alternative Therapies

Reiki Healing

Reiki is a natural form of healing which originated in Japan, but has now spread across the Western world.

During a treatment the client lies (fully clothed), on a couch or sits in a chair if more comfortable, and the Reiki healing energy is channelled through the hands of the practitioner.

Reiki can help most ailments, from tiredness,

stress, aches and pains to more severe conditions. The treatment is a totally relaxing experience, and will be beneficial even if you generally enjoy good health.

'GENTLE HEALING' holistic therapies in Old Bridge, Haverfordwest (near Wilkos) is run by retired Pc Phil Lewis, who was stationed in Builth Wells, and his partner Jane. Phil is a Reiki master/teacher and practitioner.

As well as Reiki, they also offer relaxing Indian Head Massage, Reflexology and other therapies.

They would welcome you to call in and have a chat to discuss which therapy would suit your needs, or telephone 01437 767960.



The Heddlu Dyfed-Powys Police Welfare Fund

The Fund is an amalgamation of previous funds now condensed into one, it has been set up to assist members of staff employed by the organisation, retired members of staff, and the families and dependants of members who may find themselves in need of assistance.

The Welfare Fund Committee is made up of Police Officers, Police Staff and retired members of Dyfed-Powys Police, who aim to assist colleagues and retired colleagues finding themselves in need of assistance.

Present or Previous Subscribing members of the Fund are able to apply for grants, loans and allowances, with each application being put before the Fund Committee Members and each application being considered on its own merit.

The Fund is open to all members of staff and costs £1.00 per month to join.

Over the past 12 months we have been able to assist many colleagues, and their families who have found themselves in difficulty due to illness and other issues.

Currently the Committee Members for the Welfare Fund are :

Deputy Chief Constable – Chair

Emyr Williams – Secretary (Dyfed-Powys police)

David Morgan – Treasurer

Clive Cowey – Deputy Secretary/Treasurer (NARPO)

Ian John – Fund Member (Supt Association)

Steve Lee – Fund Member (Police Federation)

Dai Gaskins – Fund Member (Police Federation)

Paul Laughlin – Fund Member (Police Federation)

Gareth Jones – Fund Member (Police Federation)

David Morgan – Fund Member (UNISON)

Jayne Timmings – Fund Member



The rules of the Welfare Fund and application forms are available on the Branch Website or from the Branch Secretary:

Claims are accepted via letter, email or by using the Welfare Fund claim form, if in doubt, contact the Branch Secretary for advice, send all claims to him, if in letter format, they will be scanned to send them electronically to speed the process as far as possible.

A retired member has just been given a grant to purchase a Stair lift to make life easier, other members have received grants to assist them travelling to the Police Convalescent home at Goring on Thames



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Serving those who served

GOODBYES and fond farewells

A very sad time for us all over the past few months, many members have passed away and here I present on your behalf sincere condolences to all family members left behind. We will miss them all, but not nearly as much as their loved ones will and acknowledge the service they gave to their communities as Police Officers, their roles varied but all were holders of the ancient Office of Constable and keepers of the Peace

Mike Evans	Ex PS 672	Newtown
Stuart Jenkins	Ex DS Port Office	Fishguard
Cei Williams	Ex PC 742	Brecon
John Thomas	Ex PC 666	Brecon
David Warmington	Ex PS 189	Brecon
T R (Bobby) Davies	Ex PC 66	Pembrey
Mr Dan Davies	Ex Insp	Llanelli
Mr Ifor Owen	Ex Ps 146	Carmarthen
Mr Mike Humphreys	Ex PC 732	Newtown
Mr Alan Henderson	Ex PC 572	Newtown



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Please get in touch with me or any of the committee members if there is anything you need, contact details are on the website in the last AGM minutes.

If you hear of any member in Hospital or undergoing treatment and you think we can help, get in touch, we cannot function to help members without your help, this is a large area making communication difficult. Please promote NARPO whenever you get the opportunity, the more members we have the more we can do.

Join us at meetings and other events and make your views known, this is your Branch, let us know what you think and what you want from it.

Kind Regards,

Clive Cowey

Branch Secretary/Treasurer

